



## Western Australian Certificate of Education Examination, 2014



## PHYSICAL EDUCATION STUDIES

# **Practical (performance) examination Hockey**

## Time allowed

Warm-up: 30 minutes Skills and Drills: 75 minutes

## **Materials required**

To be provided at the venue

Non-personal equipment required for Hockey

## To be provided by the candidate

Hockey stick, shin and mouth protection, footwear suitable for a synthetic playing surface

#### Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70 per cent of the total examination score and a practical (performance) component worth 30 per cent of the total examination score.

## Structure of this practical (performance) examination

Sections and criteria	Marks available	Percentage of total exam
Individual skills  Skill 1  Skill 2  Skill 3  Skill 4  Skill 5	6 6 6 6	15
Conditioned performance	20	15
	Total	30

## Instructions to candidates

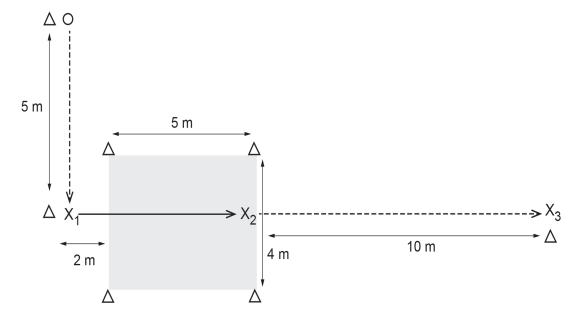
- 1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
- 2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
- 3. You are required to report to a supervisor to register for the practical examination 30 minutes before your scheduled examination time.
- 4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
- 5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.

## **SECTION ONE - Skills Performance**

## 1. Skills set

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Trap	Drag to eliminate	Push	Indian dribble	Hit

Drill #1: Trap, drag to eliminate and push

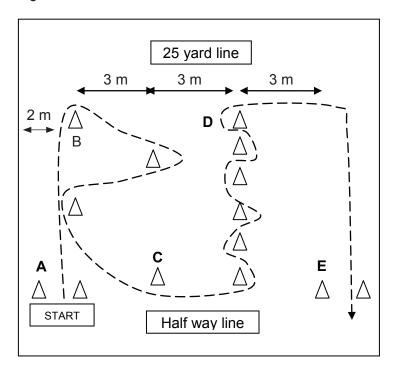


Key: Χ = player 0 = feeder = marker = player movement = ball movement

## **Drill Description**

- $\rm X_1$  receives a push pass from feeder (O) and traps and keeps the ball under control.  $\rm X_1$  drags the ball around  $\rm X_2$  and push passes the ball to  $\rm X_3$ . Ball should remain under control in the 4 x 5 m rectangle. 1.
- 2.
- 3.

**Drill #2:** Dribbling – Flat stick and Indian dribble, hit



Key: X = player
O = feeder

△ = marker
= player movement
---= ball movement

#### **Drill description**

- 1. Player starts at A and dribbles straight on flat stick to B.
- 2. Player then follows the path B to C, using a flat stick dribble and a reverse stick where necessary to change the direction of the ball through the course.
- 3. Player to negotiate path C to D using Indian dribble technique.
- 4. Player must then hit the ball through markers at E.

## **SECTION TWO – Conditioned Performance (20 marks)**

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Half field
SPECIFY NUMBER OF PLAYERS	4 vs 4
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Creating a scoring opportunity from a hit in from the side of the half way line.
SPECIFY ROLES OR GOALS OF PLAYER(S)	A player from X hits the ball in to his team mates. $X_1$ to $X_4$ try to score a goal. $Y_1$ to $Y_4$ defend to get the ball out over half way.
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	Change offence and defence after 5 minutes

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